

HELPING YOU MAKE
AN IMPACT
THROUGH GREAT HR



Virtual Group Coaching for HR

Designed for HR Business Partners & Specialists who want to grow professionally, solve their challenges and learn through connections with other HR professionals

KICKING OFF AUGUST 2023

What you get...

- 6 virtual group coaching sessions on topics that matter most to HR
- 1 x individual coaching session

Coaching
BY CATERFLY

What you can expect...

Our group coaching program is a hybrid of coaching and training, focused on individual growth and development. Each Virtual Group Coaching Session is for 2 hours and designed to explore the topics that matter most to HR. Sessions will be held monthly and followed with post session reflections and activities to help put your learnings into action.



What you will take away...

- Strategies to overcome and address your current challenges
- New perspectives and insights to broaden your thinking
- A deeper level of self awareness
- A renewed sense of self confidence and empowerment to help you take action
- Tools, templates and resources to add to your toolkit
- A community of other HR professionals you can learn from and connect with

What the program costs...

Places are limited to 6 people per group at a cost of \$2,500 per person plus GST.

To deepen your coaching experience, there is the option to add on a 360 degree feedback survey using either:

- Human Synergetics - Life Styles Inventory
- RBL Group - HR Competency Survey
- Hogan Personality Inventories

This includes a free 1.5 hour debrief

Costs of surveys vary and are additional to program costs



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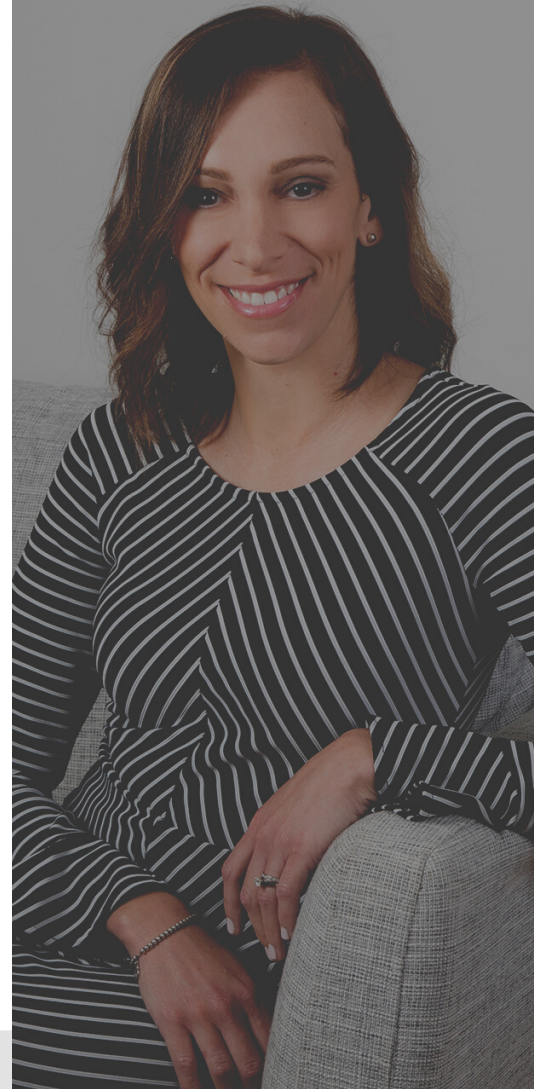
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Meet your Coach - Melissa Di Cristoforo

Melissa is the Founder and Director of Caterfly and an accredited coach through the Executive Central Coaching Academy. With over 17 years' experience in HR, Melissa has worked across a variety of HR roles including HR business partner roles, talent acquisition, organisational learning and development and change management, supporting local, regional and global teams.

Over her career, Melissa has coached a number of senior leaders and teams across a variety of disciplines in their quest for personal and professional growth and success. She has provided coaching across a variety of coaching goals including personal branding, leadership effectiveness, self-leadership, career planning, delivering with confidence, and much more.

She has worked with a range of clients delivering solutions across the entire organisational development spectrum including leadership development, team effectiveness, change management, culture and engagement, talent management and coaching. Her clients include Maersk, Foxtel, REA Group, Activision Blizzard, Allianz, Richard Crookes Construction and Hasbro.



Hear what previous participants of the program have to say...

The realistic and practical application of each topic, as well as the opportunity to share and discuss our live experiences in depth with our peers each session has been one of the most valuable coaching experiences I've had the opportunity to join. Mel is an exceptionally engaging and passionate coach – her true expertise, a curiosity to unlock my strengths and partner with my style, made for an invaluable experience and has been a highlight in my growth as a strategic HR professional.

I would definitely recommend this program to any HR Business Partner and the skills learnt and practical tips and resources shared will be something I will continue to use for a very long time. Thank you Mel!

The Caterfly program was one of the most beneficial programs I been on to support my development. The topics each month were extremely relevant and Mel provides a safe and nurturing space to learn and grow, as well as provides useful challenges to support your thinking and development. Partnering with a small group of individuals as part of the program and building these relationships and networks was also extremely beneficial, especially to hear from others working in different organisations.

The program has provided me with an end to end learning experience on how to become a better HR professional. I came away from the program with a strategic mindset and a cache of frameworks that I've applied to my day to day work and in how I communicate. Thanks!

Mel is a wonderful facilitator and coach - smart, warm and knowledgeable. I thoroughly enjoyed every session of the program. I felt that I left each one with great insights based on my reflections, key learnings, 'golden nuggets' and practical tools.

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